## Newsletter

"The fleeting hour of life of those who love the hills is quickly spent, but the hills are eternal...
These are for the seeking, and those who seek and find while there is still time will be blessed both in mind and body."
A. Wainwright, The Western Fells

Week 28 2022-23

## CATS CAMBRIDGE IN THE LAKE DISTRICT



## GEOGRAPHY FIELD TRIP

As part of the GCSE Geography curriculum, staff and students at CATS Cambridge visited the Lake District to experience Geography in the field, which really is the best way!
"...I could strongly say that this was the experience of a lifetime.... The trip allowed me to see physical geography happening in real time... it was refreshing." Ei Thant

Geography field trips allows students to explore the land, its characteristics and phenomena first hand, an invaluable experience. To do this in the Lake District, one of the most beautiful places in the UK and the inspiration for innumerable art, is simply amazing.


## GEOGRAPHY FIELD TRIP



CATS

## LEAVER'S ASSEMBLY

The last day of term saw CATS Cambridge gathered for the end of term assembly in the hub. This is an opportunity to hand out awards, certificates, and recognise the hard work our students put in not only their education but the life of the school. Once again we say goodbye our High School Term students as well, always a bittersweet affair, but as always we wish them well in their journeys and hope they know they will be missed.

The celebration saw the houses each perform an acrostic poem, where the students of each house chose words beginning with the house letters which best exemplify their spirit. The students and House Directors bravely stood up and read out their pieces to the audience and it was well-received.

The closing remarks were held by the Principal, Dominic Tomalin, as he saw off the term with the reminder that the Easter holiday for some of our students is the last real opportunity to cement their learning with personal revision before the exam season starts in May, and of course the caveat to get some rest!


## List of Leavers

Alejandro Flores Torres
Arturo Ruiz De Chavez Gascon
Dannia Aleksa Bojorquez
Diego Allen Bernal Sanchez
Emiliano Cano Hizar
Emiliano Montoya Lopez
Jailenne Bojorquez
Kanthee Toon Sathapaoyuenyong Manuela Dantas Gusmao

Maria Elena Romo Dosamantes
Maria Luiza Assuncao Silvestre
Marycruz Gastelum Jimenez
Niza Lozano Martinez
Paulina Fabregat Hernandez
Paulina Viviana Cabrera Rivera
Sophia Volpe Albertin Fogolin
Vania Tinoco Mendoza


## LEAVER'S ASSEMBLY

## Certificates of Academic Endeavour

| Wachiraya Cutts | Platinum |  |
| :---: | :---: | :---: |
| Aye Mon Mon Aung | Platinum |  |
| Shwe Toe Aung | Platinum |  |
| Kyi Sin Thu | Platinum |  |
| Nizea Halili | Platinum | H1\% |
| Keisi Ahmetaj | Gold | 4 |
| Polina Parshyna | Gold | - 2 |
| Long Hin Chiu | Gold |  |
| Erida Deshishku | Gold |  |
| Su Myat Thant Zin | Gold |  |
| Quinlan Sophia Lillis | Gold |  |
| Dinmukhamed Rakhimzhanov | Gold | - |
| Saad Dansadau Saidu | Gold |  |
| Wan Qi Lee | Gold | - $=0$ |
| Wan Ting Chow | Gold |  |
| Hanna Anyanwu Butsch | Gold |  |
| Manuela Dantas Gusmao | Gold | , 1 |
| Antonio Carneiro Leao Ribeiro | Gold |  |
| Said Ait Haji | Silver |  |
| Ei Hnin Khaing Zin Thant | Silver | $162$ |
| Malika Rzagaziyeva | Silver | ( |
| Khanh An Le | Silver | () |
| Maria Elena Romo Dosamantes | Bronze |  |
| Paulina Viviana Cabrera Rivera | Bronze |  |
| Niza Lozano Martinez | Bronze |  |
| Alejandro Flores Torres | Bronze |  |
| Paulina Fabregat Hernandez | Bronze |  |
| Maria Luiza Assuncao Silvestre | Bronze |  |
| Weiqi Ni | Bronze |  |
| Alex Georgia Edwards | Bronze |  |

## LEAVER'S ASSEMBLY

## Biology Olympiad

Gisela Annabel Windoe
Dinmukhamed Rakhimzhanov
Wan Qi Lee
Gabriel Le Gal
Aleesya Binti Nornekman
Emir Rizq Hafiz Bin Khadrishah Igor Perepelita

Participation
Bronze
Highly Commended
Commended
Participation
Commended
Participation


## Senior Physics Challenge

Dinmukhamed Rakhimzhanov
Ivan Udovychenko
Jocelyn Zhang
Rachel Faine
Youssef Sherif Ibrahim
Gold
Bronze II commendation
Bronze II
Bronze I

Intermediate Physics Challenge
Ei Thant
Yaretzi Vazquex Garcia
Su Zin
Bronze
Bronze
Bronze


## ISA STEAM

Aleesya Binti Nornekman
Emir Rizq Hafiz Bin Khadrishah
Wan Qi Lee
Gisela Annabel Windoe
Gabriel Le Gal
Rachel Faine

First runner up First runner up First runner up First runner up Winner

Winner

## LEAVER'S ASSEMBLY

## UKMT Intermediate Maths Challenge

Bronze:
Banchachan Neesang (Shawn) Manuela Dantas Gusmao King Him Cheung (Kingsley) Ei Hnin Khaing Zin Thant

Silver:
Su Myat Thant Zin
Yaretzi Vazquez Garcia
Hyeonho Nam


Gold:
Liangyu Cao
Ruiheng Zhu
Andrew Jobbings Senior Kangaroo (Maths)
Liangyu Cao
Ruiheng Zhu

## Inter-house Photography Prize

Dimash Rakhimzhanov (Winner) Meriel Rodgers (Highly Commended)

## Table Tennis Competition

Thet Lu (Ivan)


CAMBRIDGL

## ART SHOWCASE


[Top Left:] Alua Shalabayeva
[Bottom Left:] Deren Mert Ungoren
[Top Right:] Taisiia Chen Si An
[Bottom
Right:].Yeva Deineka


PART OF CATS

## Revision

Louise Chamberlain Vice Principal


The 1960s were an important time in the history of revision accessories. Early in the decade, the highlighter pen was invented (in either Japan or the USA depending on which source you read) and sticky notes were devised in the late 1960s. Those who use poster making and "cut and stick" activities as part of their revision can also find the invention of the glue stick in the 1960s

Approaches to revision vary considerably from those who make extensive use of the stationary developed sixty years ago to compile a colour coded revision calendar well in advance to those who delay revising for as long as possible and then dust off an elderly ballpoint pen as they attempt to revise an entire course in a week. April and May are key examination months at CATS Cambridge, meaning that revision will be a focus for many students during this holiday period, whatever their approach.

Drawing up a revision timetable, like revision itself, is a matter of balance. It should be clear, provide sufficient time for confident consolidation and plausible. By plausible, I mean that it is a timetable that can actually work. Most of us need a break at some point and very few of us can realistically plan to revise during a day of family celebrations. Dividing the average day into three chunks, morning, afternoon and evening, then planning revision in two of those chunks works well for many students in holiday periods.

Having planned the time for revision, what happens during revision time is likely to have an impact on the final results. Reading notes while underlining or highlighting key terms and keeping part focus on a drama series box set will occupy the time but will probably not lead to memory retention or development of exam skills. For the brain to retain the substance of what is being revised, it is that there is active engagement and removal of disruption. If your brain is being diverted to other stimuli, whether that's the lyrics of the music you are listening to or messages coming into your phone, then it's less likely to retain revision contact. Active engagement in revision can include a very broad range of approaches. Revision cards with steps to be put in order by moving the cards around, creating a map which connects topics and key terms together, a quiz wall of sticky notes with questions on one side and answers underneath, creating songs or dance steps are some ways to bring an element of active engagement. While consolidating and embedding understanding of content are vital, it is also crucial to get exam technique well honed. Past paper questions used with marking guidance enable students doing revision to develop their understanding of what the examiner is looking for and how they need to apply their knowledge to get the most marks.

Whatever the favoured approach to revision, it is also important to include time to relax and enjoy being with family and friends. Balancing revision with enjoyment (or even making revision enjoyable) makes a difference to how confidently candidates approach exams - whether or not highlighters are part of the experience.

